

**Attention 12-14 year old (or Grade 6-8) Baseball Players:  
TRANSITIONAL BASEBALL PROGRAM**

*Do you want to improve as a baseball player? Do you play Babe Ruth baseball now? Soon? Do you intend to try out for a Middle School team? Full time Frozen Ropes Staff members Mike Coutts, Nick Caiazzo and/or Kevin Fifield will be providing Indoor Baseball games for 12, 13, and 14 year olds (or grades 6-8) on how to make the transition from Little League "small diamond" baseball to the "Big Diamond" ball games. We will play on an intermediate sized diamond with 75' base paths and 54' mound to plate distance. Games are played in the Portland Sports Complex (Maine's best indoor sports facility)! Get ahead of your competition as this program is a must for all players looking to excel on the big diamond.*



There will be a 30 minute practice each week on some of the finer points on transitioning to the big diamond.

**Features and Benefits:**

- Rule Changes
- Instruction at all nine positions
- Skills necessary for each defensive position
  - Batting, fielding, and throwing
- Taking leads, running bases and stealing bases
  - Learn to pitch w/ runners on base
- Team play (bunting, hit & run, situational hitting)
  - Attitude, desire to improve, how to be a team player
- Player Recommendations for off-season training

❖ **Program starts on Saturday November 7<sup>th</sup>**  
 (No Games on 11/28/09)

❖ **Game times are 8:00am - 10:00am (90 minute game)**

❖ **Individual cost is \$160/player for 6 weeks.**

❖ **Limited to 20 total players! Sign up today!**

*"This program is a must for all middle school players looking to make the jump to play on the big diamond, Coach Caiazzo and staff helped my son gain confidence to play on the big field in the winter months, thank you." - Parent of Scarborough 13 year old Babe Ruth State Championship team member*

**PLAYERS NAME:** \_\_\_\_\_ **AGE:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_ **CITY:** \_\_\_\_\_

**PARENTS NAME (S):** \_\_\_\_\_

**PRIMARY POSITION:** \_\_\_\_\_ **SECONDARY POSITION:** \_\_\_\_\_

**E-MAIL:** \_\_\_\_\_ **HOME #:** \_\_\_\_\_