

INDOOR BASEBALL LEAGUE @ PORTLAND SPORTS COMPLEX



3 DIVISIONS FOR SESSION 1 BASEBALL LEAGUE

1. **ROOKIES (7-8 yr olds): 4:15-5:30pm on Friday nights** – coach pitch and play with a hard baseball. Learn the game by using 3 strikes = you're out and 3 outs switch offense to defense.
2. **MINORS (10u): 5:30-7:00pm on Friday nights** – players pitching in this division.
3. **MAJORS (12u): 7:00-10:00pm on Friday nights** – most popular age group with teams from as far away as Bangor, Skowhegan, Holden, North Conway, NH,.

DATES: FRIDAYS (November 6th, 13th, 20th, December 4th, 11th, 18th, & January 8th, 15th)

- **NO PLAY ON FRIDAY, November 27th, December 25th, January 1st!**

10U & 12U TEAM FEE: \$1,195

* To register a team there is a \$200 non-refundable deposit to secure your team's spot. Remaining balance needs to be paid in full 1 week prior to week 1 games.

** Team T-shirts can be ordered (contact Kevin for more details)

INDIVIDUAL FEE: \$ 140 (Rookies) & \$160 (Minors and Majors)

* Frozen Ropes House Teams has 12 players on each house team. Last winter FRTC had 9 total house teams in session #1.

** Frozen Ropes can pair your player up with a "buddy".

*** All Rookie teams will have 10 players per team.

Frozen Ropes Training Center

512 Warren Ave.

Portland, ME 04103

Telephone # 207-878-2600

Fax# 207-878-6100

www.frozenropes.com/portland

Portland@frozenropes.com